



ABBEY PARK SCHOOL

Coronavirus related absences quick reference guide

What to do if...	Action needed	Code	Return to APS when...
...my child has coronavirus symptoms	<ul style="list-style-type: none"> • Do not come to APS • Contact APS daily • Self-isolate • Get a test • Inform APS immediately about test result 	Code X	...the test comes back negative.
...my child tests positive for coronavirus	<ul style="list-style-type: none"> • Do not come to APS • Contact APS daily • Self-isolate for at least 10 days • Inform APS immediately about test result 	Code I	...they feel better. They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
...somebody in my household has coronavirus symptoms	<ul style="list-style-type: none"> • Do not come to APS • Contact APS daily • Self-isolate • Household member to get a test • Inform APS immediately about test result 	Code X	...the household member's test is negative.
...NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed coronavirus	<ul style="list-style-type: none"> • Do not come to APS • Contact APS daily • Self-isolate for 14 days 	Code X	...the child has completed 14 days of self-isolation
...we/my child has travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to APS as per attendance policy <p><u>Returning from a destination where quarantine is needed:</u></p> <ul style="list-style-type: none"> • Do not come to APS • Contact APS daily • Self-isolate for 14 days 	Code X	...the quarantine period of 14 days has been completed
...we have received medical advice that my child must resume shielding	<ul style="list-style-type: none"> • Do not come to APS • Contact APS as required by the pastoral team • Shield until you are informed that restrictions are lifted and shielding is paused again 	Code X	...the school informs you that restrictions have been lifted and your child can return to APS again.

* If your child is healthy enough to follow lessons, they should log in to TEAMS and follow their normal timetable, where lessons will be streamed online.



Executive Principal:
Operational Principal:
Vice Principal:

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Mr J Young
Mrs L Hunter

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Know Your Symptoms

Covid-19

- Fever
- Dry Cough
- Fatigue
- Shortness of Breath

Flu

- Fever
- Dry Cough
- Runny Nose
- Headache
- Sore Throat
- Muscle and Joint Pain

Cold

- Cough
- Sore Throat
- Aches and Pains
- Watery Eyes
- Sneezing
- Runny or Stuffy Nose

Allergies

- Sneezing
- Coughing
- Itchy Eyes
- Runny or Stuffy Nose

Please check gov.uk for up to date information regarding Covid-19 information.




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 RECOGNISING CORONAVIRUS SYMPTOMS					
SYMPTOMS	CORONAVIRUS <small>Symptoms range from mild to severe</small>	COLD <small>Gradual onset of symptoms</small>	FLU <small>Rapid onset of symptoms</small>	HAYFEVER	ASTHMA
Fever (>37.8°C)	Common	Rare	Common	No	No
Cough	Common (usually dry & continuous)	Mild	Common (usually dry)	Sometimes (usually dry)	Sometimes (wheeze & cough)
Shortness of breath	Sometimes	No	No	No	Sometimes
Headache	Sometimes	Rare	Common	Sometimes	No
Sore throat	Sometimes	Common	Sometimes	'itchy' throat	No
Runny / stuffy nose	Rare	Common	Sometimes	Common	No
Sneezing	No	Common	No	Common	Rare
Aches & pains	Sometimes	Common	Common	No	No
Fatigue	Sometimes	Sometimes	Common	Sometimes	No
Diarrhoea	Rare	No	Sometimes (for children)	No	No

Adapted from: World Health Organization, Centers for Disease Control and Prevention



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