

# MAIN MEAL MENU – WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<p><b>ORIGINALS</b></p> <p>Pork Sausage</p> <p>Mashed Potato</p> <p>Garden Peas &amp; Carrots With Gravy</p>	<p><b>CHICKEN</b></p> <p>Southern Baked Chicken</p> <p>½ Jacket Potato</p> <p>BBQ Baked Beans</p>	<p><b>ITALIAN</b></p> <p>Spaghetti Bolognese</p> <p>Garlic Bread</p> <p>Broccoli</p>	<p><b>CHICKEN</b></p> <p>Chicken Jalfrezi</p> <p>Boiled Rice</p> <p>Naan Bread</p>	<p><b>ORIGINALS</b></p> <p>Oven Baked Batter crisp Cod</p> <p>Oven Baked Chips</p> <p>Baked Beans</p>
Veggie	<p><b>ORIGINALS</b></p> <p>Vegetable Sausage</p> <p>Mashed Potato</p> <p>Garden Peas &amp; Carrots With Gravy</p>	<p><b>ITALIAN</b></p> <p>Macaroni Cheese</p> <p>Garlic Bread</p> <p>Broccoli Florets</p>	<p><b>INDIAN</b></p> <p>Roasted Vegetable Curry</p> <p>Braised Rice</p> <p>Naan Bread</p>	<p><b>GRILL</b></p> <p>BBQ Quorn Fillet</p> <p>Lightly Spiced Potato Wedges</p> <p>Garden Peas &amp; Sweetcorn</p>	<p><b>ORIGINALS</b></p> <p>Margarita Pizza</p> <p>Oven Baked Chips</p> <p>Baked Beans</p>