

MAIN MEAL MENU – WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<p>ORIGINALS</p> <p>Cottage Pie</p> <p>Mashed Potato</p> <p>Green Beans & Sliced Carrots</p>	<p>MEXICAN</p> <p>Lightly Spiced Chicken Fajita</p> <p>Potato Wedges</p> <p>Sweetcorn</p>	<p>ITALIAN</p> <p>Bolognaise Pasta Melt</p> <p>Garlic Bread</p> <p>Garden Peas</p>	<p>INDIAN</p> <p>Chicken Korma</p> <p>Boiled Rice</p> <p>Naan Bread</p>	<p>ORIGINALS</p> <p>Oven Baked Batter crisp Cod</p> <p>Oven Baked Chips</p> <p>Baked Beans</p>
Veggie	<p>ITALIAN</p> <p>Cheese & Tomato Pasta Bake</p> <p>Garlic Bread</p> <p>Broccoli Florets</p>	<p>INDIAN</p> <p>Sweet Potato & Chickpea Curry</p> <p>Braised Rice</p> <p>Naan Bread</p>	<p>GRILL</p> <p>Southern Baked Quorn Fillet</p> <p>½ Jacket Potato</p> <p>BBQ Baked Beans</p>	<p>MEXICAN</p> <p>3 Bean Chilli</p> <p>Boiled rice</p> <p>Green Beans & Sliced Carrots</p>	<p>ORIGINALS</p> <p>Margarita Pizza</p> <p>Oven Baked Chips</p> <p>Baked Beans</p>